



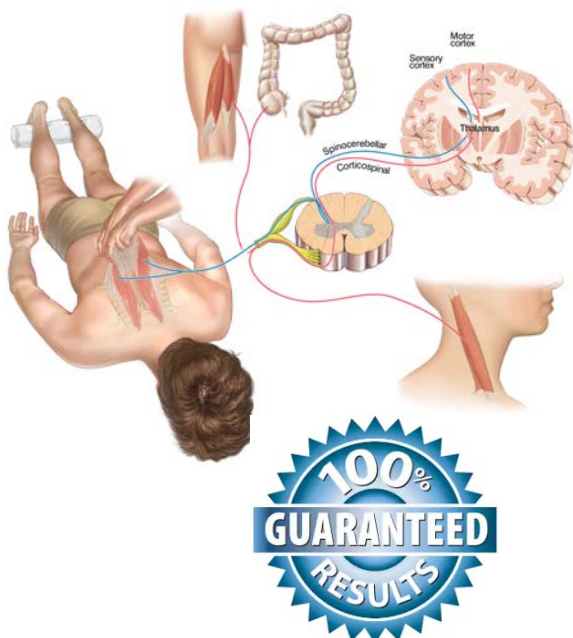
OSTEOSPINAL SEMINAR

8-12 MAY 2024
ENGLAND

The five-day NST Osteospinal Seminar delivers the complete professional level NST Osteospinal Operating System used with outstanding success by thousands of Bowen therapists, Osteopaths, Chiropractors, Physiotherapists and Sports Medicine experts in over 20 developed countries around the world since 1996



Learn how to quickly adjust the lumbar, thoracic, cervical spines, extremities, pelvic girdle and cranium in an intelligent, integrated and systematic fashion, for rapid and lasting pain relief, increased vitality and rejuvenation, using the NST approach to spinal integration



NST employs a very unique form of soft tissue stimulation called the PRI-move or Proprioceptive Rolling Impulse Movement.

When applied in sequences PRI-moves create rapid relaxation, optimal integration between muscles, fascia and bones and importantly instant and lasting pain and symptom relief

COMMENTS FROM PARTICIPANTS

The NST Osteospinal course was amazing in every way! I deeply appreciate the manner in which Dr. Michael imparted his unique information and knowledge and everything was very simple to follow, clear and efficient. Learning about the interrelationships between various body parts and systems was a powerful experience in itself for me personally. I never learned such things in any of my Osteopathic trainings. I feel very confident offering NST to my patients tomorrow. Thank you again Dr. Michael.

Sergei Granenko D.O., Odessa, Ukraine

The NST Osteospinal O.S. course provides a great 'total body care' approach to spinal adjustment. The five days were very well organised, integrated and complete. I am extremely happy with all that I have learned and am ready to get to work!

Holly Wurtz, Acupuncturist, Lombard, Illinois, USA

NST seminars have changed my professional practice completely. After attending the first NST seminar with Michael Nixon-Livy the results were simply outstanding with one patient after the other - like small miracles every time almost! I began working on a different level with the NST system and have never stopped. I feel that I have the perfect healthcare system. Thank you for this great gift!

A.E. Okhremchuk D.O. Gotha, Germany

The NST seminar taught by Michael Nixon-Livy was structured, clear and comprehensible, without unnecessary embellishments. Michael lead us to "doors" that seemed locked and then gave us the "keys and tricks" to open them, a skill that separates him from other lecturers. There is an abundance of "cream" to take away from this amazing training. Thank you again Michael.

S. Belikov, D.O., Orthopedist, Kyiv, Ukraine

The structure of the course was perfect in every way. Everything was explained, demonstrated and then practiced with clarity and great supervision at the table. I'm especially looking forward to using DBB1,2,3 sacrum, coccyx, pelvic and TMJ procedures. I'm very excited to get started next week. Highly recommend NST!

Jonathan Tamata, Manual Therapist, Chicago, IL, USA

The five-day NST workshop was a highly valuable opportunity for attending manual therapists and physiotherapists to learn a spinal adjustment system, that is very complete and well integrated. I feel extremely comfortable and confident to now offer NST at my clinic. The teaching and general organisation of the course was very professional as was the instructional manual and DVD's. With thanks again.

Nele De Breucker, Physiotherapist, Leuven, Belgium

WHAT YOU WILL LEARN

Seminar Plan

Days 1 and 2 - Core Balance

Dynamic Body Balance for lumbar, thoracic and cervical spine integration

Days 2 and 3 - Extremities

Procedures for Shoulders, Elbows & Wrist, Hamstrings, Knees and Ankles

Days 4 and 5 - Core Integration

Procedures for the Diaphragm, Sacrum, Coccyx, Pelvis and TMJ

SEMINAR TEACHER



The seminar will be taught by Dr. Michael Nixon-Livy from Australia who is the founder & developer of NST. Michael's intimate working knowledge of NST and Bowen's extensive body of work, coupled with a deep understanding of the human body and its systems, will leave an indelible mark on all participants. His ability to make complex subjects simple to understand is a hallmark of his teaching

LOCATION

Bragborough Hall Business Centre
Welton Road | Braunston, Daventry | NN11 7JG

www.bragboroughhallbusinesscentre.com

REGISTRATION

The total cost of the five-day Osteospinal seminar including fully detailed seminar manual and refreshments: €1,400

Bookings can be made directly online: www.nsthealth.com/schedule/
email | info@nsthealth.com website | www.nsthealth.com

